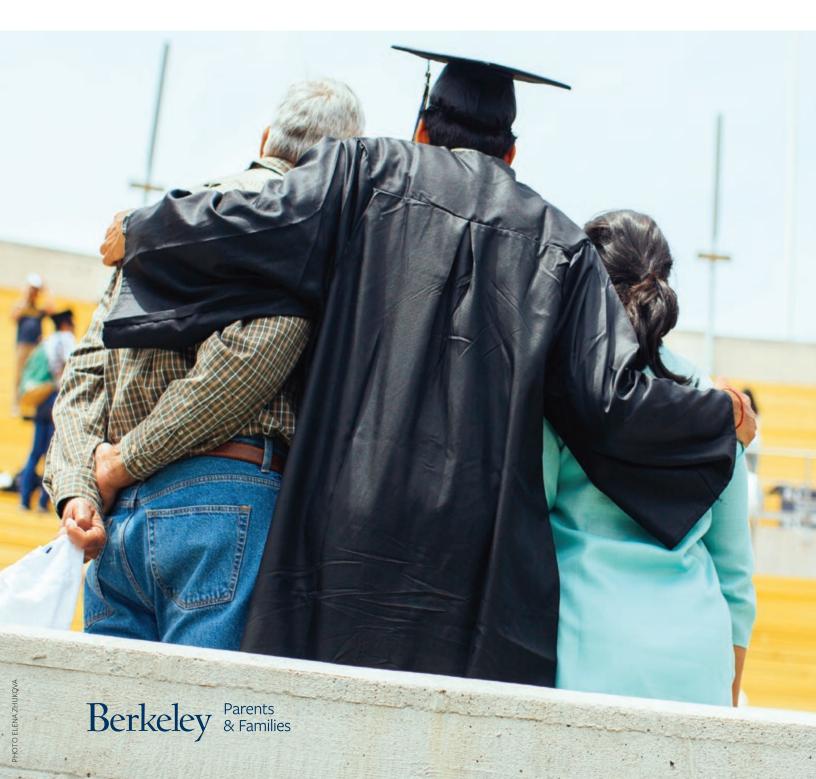
Berkeley Resource Guide for Parents and Families





WELCOME TO BERKELEY

Hello, Berkeley Parents & Families:



I am Rich Lyons, your next chancellor, and I couldn't be more excited for Berkeley's next decade and beyond, and what we will build together. I bring to this role more than 30 years of service and personal growth at Berkeley. I love this place, and I have PROFOUND respect for the values and capabilities – including access, excellence and so much more – that set Berkeley apart. These values and my dedication to them, are STEADFAST and enduring. Because we are one-of-a-kind, our past – the very FOUNDATION of our values – where our values COME FROM – will not restrain us. Our history serves as a launching pad for even greater excellence and benefit to society.

I am home grown, the first undergraduate alum to serve as your Chancellor. More than anyplace else, UC Berkeley has had the most impact on my life, no contest. This element of who I am is a great source of motivation and meaning for me. I am here to serve the whole university. What makes Berkeley Berkeley is our scope, our ability to come at every challenge and opportunity from every conceivable angle, our embrace of, and engagement with, the full range of human endeavor and interests – and our collaboration between them – that separates us from the crowd. Our combination of access and excellence occupies a truly SINGULAR place in higher education. That singularity is an opportunity to leave a bigger mark on society and make our capabilities understood even more widely around the world. Why is this important? Berkeley can be a messy place. Ideas that break new ground can be a messy business. But for impact, look no further than Berkeley. We can make UC Berkeley THE university of choice for faculty, staff and students who want to have an impact. This is my aim. I also aim to redouble our commitment to our Principles of Community. These principles, which emphasize integrity, diversity, excellence, freedom of expression, and access, help us to navigate overlapping ideals like free speech, academic freedom, and commitment to diversity of perspectives, origins, and identities in our community. Chancellor Christ and our campus leadership have been guided by these principles to help sustain a stronger, more cohesive community. We have opportunity together here too.

At this stage, I am in listening mode. There are so many great ideas you've shared with me already. Keep it up. Your partnership makes all the difference to our ability to make meaningful, positive progress that benefits ALL of Berkeley.

More to come. Thank you. And Go Bears.

RICH LYONS
CHANCELLOR



To learn more about me, check out this introductory video.

WELCOME Continued

It is with gratitude and excitement that we welcome you to the Berkeley family! We are delighted that your student has chosen to study at a university unlike any other, a place of unmatched academic excellence, and a campus community filled with passion and purpose, and animated by discovery and love of learning, and dedicated to making our world a better place.

While this journey is primarily your student's, we also view you and your family as members of the UC Berkeley community.

This Resource Guide for Parents & Families provides helpful information about the university and the wide range of resources available to your student. We have no greater priority than ensuring that every student, no matter their identity, origins, or perspectives, can thrive at Berkeley, and feel a true sense of belonging. We hope you will use this guide to support your student throughout their time with us.

The Berkeley Parents & Families program helps parents, guardians and supporters of our students to connect, and communicate with the campus and support the university. Our Parents Program website is an informational gateway to learning about resources and avenues of engagement. Find out more at parents.berkeley.edu.

As we say on the Berkeley campus, Go Bears, and Fiat Lux!



MARY KELLEY
DIRECTOR OF PARENT
& FAMILY PHILANTHROPY



DAVID ORTEGA
DIRECTOR OF PARENT
SERVICES & COMMUNICATION

The University of California

The University of California (UC) was founded in 1868, two decades after the gold rush brought hundreds of thousands of people to California. Leaders of two Bay Area institutions—the College of California (a private college established in Oakland in 1855) and the Agricultural, Mining and Mechanical Arts College (a state land-grant institution formed in 1866)—merged their schools in order to realize a vision by drafters of the new state's constitution of a university that would "contribute even more than California's gold to the glory and happiness of advancing generations." The new University of California had 10 faculty members and 40 students when it opened, and Berkeley was its sole campus. Over time, the university grew to comprise 10 campuses: Berkeley, Davis, Irvine, Los Angeles, Merced, Riverside, San Diego, Santa Barbara, Santa Cruz and San Francisco. (Berkeley retains the honor of being the first and flagship campus—which is why it gets to be called "Cal"!)

Today, 150+ years after its founding, UC Berkeley is known for its academic excellence, consistently ranking as the top public university in the nation and as one of the top universities both in the U.S. and the world. Berkeley faculty and researchers have won 32 Nobel Prizes, and current faculty members include 10 Nobel laureates. Six elements on the periodic table were discovered at Berkeley (sixteen, if you include the contributions of Lawrence Berkeley National Laboratory). One element, Berkelium (Bk), is named after UC Berkeley. The university also figures prominently in cultural history as the birthplace of the Free Speech Movement, a phenomenon that began as a campus protest for civil rights in 1964 and spread in influence to the rest of the country and the world. For more about Free Speech on the Berkeley campus visit our website: freespeech.berkeley.edu.

From the academic pioneers of 1868 to the icons of the Free Speech Movement, the brightest minds from across the globe come to Berkeley to explore and improve the world. As the parent, guardian or supporter of a Berkeley student, you too can participate in the Berkeley experience. Our belief is that parents can help to guide and encourage their students while allowing them to grow. Together, we can create a partnership to support your student while creating a rich parent experience for you.

GETTING INVOLVED

Parents and Families

Hours Tuesday-Thursday, 9 a.m.-4 p.m.

(510) 642-7147

Email parents@berkeley.edu

calparents.berkeley.edu

facebook.com/calparentsberkeley

Berkeley Parents & Families Program

Mary Kelley

Director, Parent and Family Philanthropy Email marykelley@berkeley.edu

David Ortega

Director, Parent Services and Communication Email dortega@berkeley.edu

The Berkeley Parents & Families Program engages parents and families within the framework of the Berkeley student experience. The program's objectives are to:

- Serve as the central resource for connecting undergraduate parents and families to UC Berkeley
- Empower parents to help their students successfully navigate the Berkeley experience
- Invite parents to become active members of the Cal Community through engagement and philanthropic opportunities
- Offer parents opportunities to volunteer as Cal Parents Ambassadors and connect with the Berkeley community

Cal Parents Board

calparents.berkeley.edu/get-involved /cal-parents-board

The Cal Parents Board is a dedicated group of UC Berkeley families who believe deeply in advancing the university's public mission and impacting the lives of Cal students through philanthropy. Board members are the greatest advocates for parent engagement with campus and support of the Cal



PHOTO ABBE GREEN

Parents Fund. They serve as a resource to fellow Cal families and share their perspective with campus leadership.

Cal Parents Ambassadors

<u>calparents.berkeley.edu/get-involved/cal-parents-ambassadors</u>

Cal Parents Ambassadors champion UC Berkeley and promote goodwill for the university through a variety of volunteer opportunities – both on and off campus. Each year, this group of parents, grandparents, and guardians play an important role in supporting the UC Berkeley community and serving as a valuable peer resource to new and prospective Berkeley families across the country.

Opportunities to Engage and Serve

Move-in Activities

housing.berkeley.edu/living-on-campus/move-in

Help us welcome new families to UC Berkeley! Move-in can be stressful for parents who are dropping their students off for the first time at the residence halls. We in the Berkeley Parents community can ease some of this stress by interacting with parents and families, providing them with helpful information.

Parents Weekend

parentsweekend.berkeley.edu

Parents Weekend at Homecoming is a fall tradition. Festivities begin on Friday and conclude on Sunday. There are many events for families and their students to enjoy, including campus tours, faculty seminars, museum and library open houses, spirit rallies, a tailgate BBQ, the Homecoming football game, and more. Ambassadors help parents and families feel welcomed and answer all their questions.

Cal Day

admit.berkeley.edu/calday

Cal Day is Berkeley's annual open house for newly admitted students, held on a Saturday in mid-April. The day features faculty lectures, student experiments and presentations, museum tours, music and dance performances, Golden Bears athletic events, and much more. Berkeley Parents & Families hosts an information tent for prospective parents.



PHOTO ABBE GREEN

Admissions Receptions

Berkeley Parents & Families hosts an information table at admissions receptions and serves as a peer resource for parents and families of newly admitted students. Cal Parents Ambassadors share the positive experiences of their students and provide answers to prospective parents' questions and concerns. Your participation will help to inspire the next generation of great students to attend Berkeley.

Opportunities to Support Cal

Cal Parents Fund

give.berkeley.edu/calparents

As the parent of a Berkeley student, you are the most important champion of your child's education. Along with the many ways you support your student, your annual gift to the Cal Parents Fund provides the campus with vital flexible support, ensuring that Berkeley can respond to critical needs and maintain crucial student services, like small-group mentoring, free tutoring, and career counseling. Though the Cal Parents Fund is unrestricted, there is also a direct benefit to your student's area of study when you contribute: Half

of your gift to the Cal Parents Fund goes directly to your student's school or college. Every gift, no matter the size, is put to immediate use in sustaining Berkeley's excellence and creating pathways of opportunity for your student and all Cal students. For information about parent leadership giving, visit calparents.berkeley.edu/give/leadership-giving

Big Give

biggive.berkeley.edu

Big Give is the campus's annual 24-hour online fundraising blitz in March, when the entire Berkeley community joins together to support schools and programs and help them win prize money. Parents have a BIG role to play by participating, through giving to the Cal Parents Fund, student organizations, and other campus programs.

A Roadmap for New Berkeley Parents

Welcome to Berkeley: First Steps

- Ask your student to complete the Parent Information Form (under Tasks in CalCentral)
- "Like" the Cal Parents Facebook page

- Take a tour of campus
- Ask your student to grant you <u>Delegate Access</u> to their educational records and/or finances (under *My Profile* in CalCentral)
- Look to receive your student's first billing statement in late July
- Come to campus with your student for Move-in
- Attend a <u>Parents & Supporters Orientation</u> at Move-in

While Your Student is Here

- Attend Parents Weekend at Homecoming
- Have your student visit the <u>Career Center</u> to start exploring internships and other career development opportunities
- Encourage your student to join one of Berkeley's more than 1,000 student groups
- Come to Cal Day in April and participate in some of the nearly 500 free events and activities offered—or volunteer as a <u>Berkeley Parents</u>
 <u>& Families Ambassador</u> and answer questions from prospective parents and students
- Have your student explore research opportunities with a faculty mentor
- Get tickets to a Cal Golden Bears athletic event
- Enjoy an exhibition, film or concert at the <u>Berkeley Art Museum, Pacific Film Archive</u> or Cal Performances
- Know that Berkeley does not hold classes on the Wednesday, Thursday or Friday of Thanksgiving week
- Know that spring semester classes commence in January on the Tuesday following the Martin Luther King Jr. holiday

Graduating: Tips for Your Student (and You)

- Have a degree audit performed to make sure all degree requirements have been met
- Student should review their expected graduation term on Cal Central

- Register to walk in the campus-wide commencement celebration as well as any college or department ceremonies
- Attend the ASUC Grad Fair, and purchase academic regalia, announcements and other graduation items
- Buy commencement tickets for the whole family (up to four guest tickets)
- Book hotel accommodations as early as possible for commencement
- Schedule a graduation photo for the <u>Blue and</u> Gold yearbook
- Join the Cal Alumni Association

STAYING CONNECTED

Campus Emergency Information

For information in the event of a campus emergency, visit or call:

- berkeley.edu/emergency
- berkeley.edu
- UC Berkeley emergency information line (800) 705-9998
- KALX Radio (90.7 FM) kalx.berkeley.edu

To report an emergency, call:

- 911
- UC Berkeley Police emergency dispatch (510) 642-3333
- City of Berkeley Police Department emergency dispatch (510) 981-5911
- Medical: (510) 642-2000 (Tang Center)

Connecting with UC Berkeley

The university asks that all new students complete the Parent Information Form, which can be accessed under Tasks in CalCentral. Although completion of this form is voluntary, the information provided will help the university keep families informed about campus events, activities and programs. We encourage you to assist your Berkeley student in completing the form to help us stay connected with you. You may also submit your contact information on the Berkeley Parents & Families website (calparents.berkeley.edu/parentsupport/update-parent-info)

Other ways you can stay connected:

- Berkeley Parents website parents.berkeley.edu
- Berkeley Parents & Families Facebook page facebook.com/calparentsberkeley
- Monthly email message: Berkeley Online for Parents sign up through berkeleyonline.berkeley.edu
- Newsletter

Letter Home, emailed once per semester to all parents calparents.berkeley.edu/get-involved /letter-home

Parents are always welcome to attend UC Berkeley events on and off campus. Visit events.berkeley. edu for the Berkeley events calendar.

Staying Connected with Your Student

Despite the myriad of devices and applications that make communication so easy and instantaneous today, you as a parent will benefit by developing a communication strategy with your student prior to their arrival at Berkeley that outlines how, and how often, you plan to communicate with each other. Know that communication frequency will likely fluctuate based on your student's schedule during the academic year.

Sending Mail or Packages

If your student lives in a residence hall, address letters or packages as follows:

Student name Name of residence hall and room number Street address Berkeley, CA 94720-[+4 ZIP code]

Advise your student ahead of time if you are sending a package by mail. Students in the residence halls are provided with individual mailboxes for receiving letters. Packages and other deliveries are held for pick-up in the residence hall mailrooms. For more information, visit housing.berkeley.edu/ living-on-campus/mail-service. You also have the option of sending Amazon packages to your student care of the Amazon store at the ASUC Student Union. Visit studentunion.berkeley.edu/retail for more information.

Visiting Campus

The Berkeley campus is beautiful and welcoming. Check out the campus events calendar—events. berkeley.edu—to find out about lectures, sports events, exhibitions and other activities that will be happening when you visit.

Koret Visitor Center

Campus tours offered daily

visit.berkeley.edu

Berkeley's Koret Visitor Center is your central hub for campus maps, tours, parking, and much more.

- California Memorial Stadium 210 Stadium Rim Way
- **Hours** Monday–Friday, 8:30 a.m.–4:30 p.m. Saturday-Sunday, 9 a.m.-1 p.m.

City of Berkeley Visitor **Information Center**

visitberkeley.com

- 2030 Addison Street, Suite 102 (one block north of the Downtown Berkeley BART station)
- Hours Monday-Friday, 9 a.m.-5 p.m. (closed 1-2 p.m. for lunch)



PHOTO KEVIN NGUYEN

Getting to Berkeley

Airports

- San Francisco Bay Oakland International Airport (OAK)

 (14 miles from campus)
 oaklandairport.com
- San Francisco International Airport (SFO)
 (25 miles from campus)
 flysfo.com
- Mineta San Jose International Airport (SJC)
 (46 miles from campus)
 flysanjose.com

Bay Area Rapid Transit (BART)

bart.gov

- Downtown Berkeley BART Station (200 yards from campus)
- Direct BART service from Oakland and San Francisco International Airports

AC Transit (Bus Service)

actransit.org

 Registered Berkeley students ride free of charge on AC Transit buses and Bear Transit shuttle buses throughout the semester.

Amtrak

amtrak.com

• Berkeley Station, 700 University Avenue (2 miles)

Parking

- UC Berkeley campus pt.berkeley.edu
- **City of Berkeley** <u>berkeleyca.gov/city-services/</u> <u>parking</u>

Every day, thousands of students, faculty, staff and visitors descend upon the Berkeley campus. Parking is at a premium, and is strictly regulated on and around campus. Most campus parking lots require a permit during business hours but are available to the public during the evening and on weekends. Metered street parking is generally available near campus. Many areas around campus have residential preferential parking that restricts parking of vehicles without permits to a maximum of two hours on most days of the week.

ACADEMICS

The academic richness of Berkeley is unparalleled. We have more than 1,600 faculty, over 33,000 undergraduate students, over 12,000 graduate students, 400 degree programs, 130 academic departments, and 80 interdisciplinary research units across campus. A Berkeley education is both broad and deep. We challenge students to not only explore their own ideas but to develop those ideas in collaboration with others, to think wisely about complex problems, and to expand perspectives to include new fields of endeavor.

Family Educational Rights and Privacy Act

The Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) is a federal law that protects the privacy of student education records. This law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student when they reach the age of 18 or attend a school beyond the high school level. Students to whom such rights have transferred are "eligible students." Berkeley students may grant parents or other individuals access to their educational records (class enrollment and/or grades) and finances (financial aid, scholarships and payment of bills) by designating them "delegate access" under My Profile in their calcentral.berkeley.edu portal.

Colleges and Schools

Berkeley's undergraduate programs and courses are administered by five colleges that house the university's academic departments. Berkeley also has nine graduate schools, some of which offer courses and major or minor programs for undergraduate students.

Colleges

College of Chemistry

chemistry.berkeley.edu

Departments of Chemistry, Chemical Biology, and Chemical Engineering

Chemistry, chemical biology, and chemical and biomolecular engineering provide fantastic opportunities for pursuing a stimulating and gratifying career while making a positive impact on society. As chemistry is the gateway to all the molecular sciences and much of engineering, the College of Chemistry facilitates many career paths.

College of Engineering

engineering.berkeley.edu

Departments of Aeronautical Engineering,
Bioengineering, Civil & Environmental Engineering,
Electrical Engineering & Computer Sciences,
Engineering Sciences, Industrial Engineering
& Operations Research, Materials Science &
Engineering, Mechanical Engineering, and Nuclear
Engineering

Berkeley Engineering is ranked among the top three engineering schools in the world. The college offers a dynamic, interdisciplinary, hands-on education; programs that challenge conventional thinking and value creativity and imagination; and students and faculty who are driven by social commitment and want to change the world.

College of Environmental Design ced.berkeley.edu

Departments of Architecture, Landscape Architecture & Environmental Planning, Urban & Regional Development, and City and Regional Planning

The College of Environmental Design (CED) is Berkeley's home for environmental design theory, research, innovation and practice. CED offers undergraduate degrees in architecture, urban studies (city and regional planning), landscape architecture, and sustainable environmental design. The college also offers a range of undergraduate minor programs that are open to students majoring in other fields.

College of Letters & Science

ls.berkeley.edu

More than 60 departments in arts and humanities, biological sciences, mathematical and physical sciences, social sciences, and undergraduate studies

At the College of Letters & Science—Berkeley's largest college—students engage in dialogue with the world's best teachers and most famous

researchers, discover courses of study they never knew existed, participate in projects at the forefront of science, solve pressing social problems, create art, explore diverse cultures, and seek answers to the biggest questions of our times.

Rausser College of Natural Resources

nature.berkeley.edu

Departments of Agricultural and Resource Economics; Environmental Science, Policy, and Management; Nutritional Science and Toxicology; and Plant and Microbial Biology

The Rausser College of Natural Resources (RCNR) encourages students to explore natural and human systems from biological, ecological, economic and social sciences perspectives. Students engage the issues that shape the complex, interconnected world of the 21st century, from sustainable food systems to obesity, from water policy to energy policy, and from the far-reaching impacts of climate change to the linkages between the human genome, diet and disease.

Schools

Walter A. Haas School of Business

haas.berkeley.edu

Undergraduate courses and the major in business administration

Graduate School of Education

bse.berkeley.edu

Undergraduate courses and the minor in education

School of Information

ischool.berkeley.edu

Undergraduate courses in information and data science

Graduate School of Journalism

journalism.berkeley.edu

Undergraduate courses and the summer-only minor in journalism

Berkeley Law

law.berkeley.edu

No courses or programs for undergraduate students

Herbert Wertheim School of Optometry & Vision Science

optometry.berkeley.edu

No courses or programs for undergraduate students

School of Public Health

publichealth.berkeley.edu

Undergraduate courses and the major in public health

Richard & Rhoda Goldman School of Public Policy

gspp.berkeley.edu

Undergraduate courses and the minor in public policy

School of Social Welfare

socialwelfare.berkeley.edu

Undergraduate courses and the major in social welfare

Berkeley Academic Guide

guide.berkeley.edu

The Academic Guide is Berkeley's general catalog, providing information on departments, courses, programs, faculty, admission requirements, and more. Berkeley offers an astonishing range of major and minor programs—so use the Berkeley Academic Guide as a starting point to learn about the many options available.

Advising

berkeley.edu/academics/advising-tutoring

Each college provides academic advising for its students. We encourage your student to meet often with both peer and staff advisers for support and guidance, and to have degree audit reports generated regularly to ensure that course requirements are being met.

Breadth Requirements

As the foundation of a liberal arts education, breadth courses give students a view into the intellectual life of the university while introducing them to a multitude of perspectives and approaches to research and scholarship. By engaging students in new disciplines and with peers from other

majors, the breadth experience strengthens interdisciplinary connections and contexts, preparing Berkeley graduates to understand and solve the complex issues of their day. Breadth courses are required in the following subject areas:

- Arts and Literature
- Biological Science
- Historical Studies
- International Studies
- Philosophy and Values
- Physical Science
- Social and Behavioral Sciences

Choosing a Major

If your student has been admitted to Berkeley as an undeclared student, the first year may be viewed as a time of exploration. Choosing the right major can be a challenging and rewarding process. Here are some actions your student can take to narrow the field of choices:

- Check out the Berkeley Academic Guide for descriptions of courses and degree programs
- Visit the departmental websites of majors whose class descriptions seem interesting
- Make an appointment to talk with a college adviser
- Visit departmental offices, talk to students and faculty, and seek out any materials that might not be available online
- Review major requirements, and select a backup major if considering a high-demand major
- Make parallel lists of prerequisite courses for each major being considered (majors frequently have similar or overlapping prerequisite courses)
- Attend an upper-division course (for more than a single session) to get a sense of the direction of the major

Freshman and Sophomore Seminars

curricularconnections.berkeley.edu

Berkeley's freshman and sophomore seminars (over 100 offered each semester on an astonishing range of topics) provide an unparalleled opportunity for faculty members and small groups of lower-division students to explore scholarly topics of mutual interest.

Academic Support

Academic Support Programs

The transition to college life, while immensely exciting and rewarding, can also be demanding and stressful. Berkeley offers a number of resources to help students deal with the many complexities and challenges they face, and to develop strong networks of support while at Berkeley.

Academic Support in the Residence Halls reslife.berkeley.edu/academics

Academic resources for students living in the residence halls

Athletic Study Center

asc.berkeley.edu

Academic and personal development for student athletes

Berkeley Connect

berkeleyconnect.berkeley.edu

Berkeley's academic mentoring program

Berkeley Hope Scholars

hope.berkeley.edu

Support for students in or recently emancipated from foster care; orphaned; or certified independent by the Financial Aid & Scholarship Office

Disabled Students' Program dsp.berkeley.edu

Services and resources for students with documented disabilities

Educational Opportunity Program eop.berkeley.edu

Guidance and resources for first-generation and low-income college students

Re-Entry Student Program

reentry.berkeley.edu

Services/support for undergraduates age 25 and older

Student Learning Center

slc.berkeley.edu

Resources to support learning approaches and study skills in a wide range of topic areas

Student Parent Center

studentparents.berkeley.edu

Resource center for students who are both scholars and parents

Cal Veteran Services Center

veteran.berkeley.edu

Recruitment and support of student veterans

Transfer Student Center

transfers.berkeley.edu

Programs and services for students transferring into UC Berkeley from a California community college or other institution or returning to college after an absence

Undocumented Student Program

undocu.berkeley.edu

Support and guidance for students without legal citizenship or residency status

University Libraries

lib.berkeley.edu

With 36 libraries on campus and a volume count of more than 13.5 million, the Berkeley Library is ranked as one of the top public university libraries in North America by the Association of Research Libraries. The library connects students and scholars to the world of information and ideas. Alumni, parents and friends are also invited to visit the library and explore its resources.

Summer Sessions

summer.berkeley.edu

UC Berkeley Summer Sessions offers high-quality, innovative academic courses and experiential education opportunities during the summer to Berkeley students, students visiting from other colleges and universities, high school students,

international students, and the general public. Your Berkeley student can enroll in Summer Sessions to:

- Reduce the course load for the upcoming fall semester, move one step closer to graduation, or just take a course of particular interest
- Satisfy the Reading and Composition or American Cultures requirements
- Work or travel while earning credit with the flexibility of online courses
- Take a course offered only in the summer

Summer Sessions also administers the Freshman Edge and Transfer Edge programs, which offer students admitted for the upcoming fall semester the option to get a head start on their college career by taking popular required courses during the summer.

Undergraduate Research

research.berkeley.edu

The Office of Undergraduate Research and Scholarships seeks to integrate undergraduates more fully into Berkeley's dynamic and diverse research life through a range of programs, workshops, partnerships and communication platforms that:

- Inspire undergraduates to pursue research
- Increase undergraduate and faculty collaboration in research
- Promote existing research activities and programs that exist on and off campus
- Develop resources necessary to expand undergraduate research opportunities
- Prepare undergraduates to apply for prestigious scholarships

Study Abroad

studyabroad.berkeley.edu

Berkeley Study Abroad (BSA) supports the academic and public mission of the University of California to prepare students to be productive and engaged citizens at home and abroad. BSA believes that the knowledge, skills and experiences gained through studying and living abroad fundamentally enhance the relevance of a Berkeley education.



PHOTO ELENA ZHUKOVA

Public Service Center

publicservice.berkeley.edu

The Public Service Center connects Berkeley faculty, community partners, and alumni with student leaders — through jobs, internships, and courses that support a more just and equitable world. Opportunities include paid and unpaid internships, mentoring and tutoring, immersive service, leadership development and scholarships. The Center also works with faculty and graduate students to integrate community-based learning into teaching and research. Through the Center, students, faculty, and communities work together to promote transformative social change and grow our next generation of civic leaders.

Berkeley Career Engagement

career.berkeley.edu

Your student's first years at Berkeley are an ideal time to explore career, internship, job, and graduate school possibilities by signing up on Handshake. Counselors can help students define career goals and learn what other students in their major are doing after graduation. They can also help students find internships, learn about work-study positions on campus, and use online resources to find a job.

Student Information Systems

CalCentral

calcentral.berkeley.edu

CalCentral is the online portal for student academics, finances, email, schedules, tasks and personal information. Portal areas include:

My Academics

Allows students to select and enroll in courses and obtain registration status, grades, grade-point average (GPA) and class schedule information.

My Finances

Provides up-to-date information on financial aid, billing and payment services, and Cal 1 Card balances.

My Campus

Provides links to resources related to academics, class selection and enrollment, administration, campus life and personal information.

My Profile

Allows students to change their personal information as well as designate "delegates"—individuals, such as parents or guardians, whom a student authorizes to act on his or her behalf to pay bills or view academic information. Students may choose which privileges to delegate, and can change those privileges at any time. My Profile is also where students fill out their Parent Information Form.

Cal Student Central

- studentcentral.berkeley.edu
- 120 Sproul Hall, (510) 664-9181

Cal Student Central in 120 Sproul Hall is your student's physical destination for key university business related to financial aid, fees and billing, payments, disbursements, registration, enrollment and transcripts. When students or parents call or visit Cal Student Central, cross-trained advisers and service representatives are there to deliver comprehensive advising services as quickly as possible.

The Cal Student Central website also offers a range of information, including answers to frequently asked questions. Current students (and parents with FERPA access) may also "open a case" online for help with more specific inquiries.

Campus Policies

Non-Discrimination Policies

ophd.berkeley.edu/policies-and-procedures

The University of California, in accordance with applicable federal and state law, does not discriminate on the basis of race, color, national origin, religion, sex (including sexual harassment), gender identity, pregnancy/childbirth and medical

conditions related thereto, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. This nondiscrimination policy covers student admission, access and treatment in university programs and activities. It also covers faculty and staff in their employment.

Berkeley Campus Code of Student Conduct

ophd.berkeley.edu/policies-and-procedures/ students

The University of California at Berkeley is a community of scholars committed to maintaining an environment that encourages personal and intellectual growth. It is a community with high standards and high expectations for those who choose to become a part of it, including established rules of conduct intended to foster behaviors that are consistent with a civil and educational setting. Members of the university community are expected to comply with all laws, university policies and campus regulations, conducting themselves in ways that support a scholarly environment. In this context, faculty are guided by the Faculty Code of Conduct, Section 015 of the Academic Personnel Manual, and students are guided by the Berkeley Campus Code of Student Conduct.

UC Berkeley Honor Code

The Associated Students of the University of California, in conjunction with the Graduate Assembly, the Academic Senate and the Letters & Science deans, has developed a UC Berkeley Honor Code to support an environment of academic integrity and respect on campus. While the statement of the honor code itself is brief, it is an affirmation of Berkeley students' highest ideals as Golden Bears:

"As a member of the UC Berkeley community, I act with honesty, integrity and respect for others."



STUDENT HEALTH

The health and wellness of your student is of the utmost importance. Berkeley provides an extensive network of medical, mental health, health promotion, and wellness and lifestyle services to its students through University Health Services (UHS) at the Tang Center, located at 2222 Bancroft Way, at the southwest corner of campus.

Insurance and Berkeley SHIP

uhs.berkeley.edu/ship

All registered University of California students are required to carry major medical insurance that meets UC criteria for off-campus care, hospitalization and out-of-area urgent care. The Berkeley Student Health Insurance Plan (SHIP) is a comprehensive insurance plan that meets this requirement, providing medical, counseling, prescription, vision and dental services. Students are automatically enrolled in SHIP each semester and are assessed the insurance premium on their campus bills.

Families with comparable insurance may waive SHIP and the SHIP premium each semester. Before deciding to waive, check to see if Financial Aid covers the cost of SHIP. Please note: If your student misses the deadline for completing the waiver application, he or she must pay the insurance fee for that semester. UHS does not bill outside insurance companies, nor is it a member of any outside health insurance networks. All students, whether they waive SHIP or not, may use the health services and resources provided by the Tang Center.

Health Record Privacy

uhs.berkeley.edu/about-uhs/about/privacy-practices

University Health Services maintains compliance with applicable federal and state privacy laws and regulations, which require institutions to protect the privacy of patients' personal and health-related information. Students must sign an authorization for release of health information before UHS may disclose protected health information to any third party, including a parent, unless that disclosure is specifically allowed or required by law.

University Health Services

uhs.berkeley.edu

Located at the Tang Center at 2222 Bancroft Way, UHS has an outstanding staff of licensed physicians, nurses, counselors, health educators, pharmacy, laboratory, radiology and urgent care services.

eTang

etang.berkeley.edu

Students use the eTang online patient portal to schedule appointments, receive lab results, refill/transfer prescriptions, fill out forms, and send secure messages to medical staff. During weekdays, an advice nurse is available via eTang secure message or by phone at (510) 643-7197 to discuss symptoms or provide general health guidance.

Medical Services

<u>uhs.berkeley.edu/medical/primary-care</u> <u>uhs.berkeley.edu/medical/urgent-care-uhs-campus</u>

As part of routine primary care, licensed physicians, nurses and other health professionals at the Tang Center perform exams, provide treatment, prescribe medications and discuss prevention. Services are available by appointment. Laboratory, radiology, physical therapy and pharmacy services are available on-site.

For serious illnesses and injuries, a walk-in urgent care clinic at the Tang Center is open six days a week during the academic year (closed Sundays and holidays). When necessary, students are referred to local hospitals. When UHS is closed, students may seek care at local urgent care clinics or hospitals.

In the case of urgent medical or mental health problems when the Tang Center is closed, students may call the 24/7 Nurse Advice Line at (510) 643-7197 for immediate help. When students on SHIP use the Tang Center, UHS will coordinate their care and claims billing.

Counseling and Psychological Services uhs.berkeley.edu/student-mental-health

Depression and stress are two major factors that can influence young people's lives. UHS Counseling and Psychological Services (CAPS) offers a multicultural group of psychologists, psychiatrists and social workers to help students deal with issues related to school, a personal crisis, relationships or other concerns. (Students may also seek counseling to help choose a major, clarify career goals or explore professional options.) CAPS offers short term

counseling for academic, career and personal issues. There is no charge to get started, and all registered students can access services regardless of their insurance plan. If your student is struggling and needs help, urge them to contact a counselor via eTang or by phone at (510) 642-9494, or if they require urgent mental health support, they can call the after hours support line at (855) 817-5667.

Be Well at Cal Campaign

uhs.berkeley.edu/bewell

This UHS health campaign provides students with tips and resources for proactively managing stress and emotional wellness needs.

Wellness and Lifestyle

uhs.berkeley.edu/social-services uhs.berkeley.edu/hp

The Social Services and Health Promotion teams at UHS specialize in wellness issues that span medical, psychological and social concerns. Teams are trained to deal with nutrition and eating disorders, newly diagnosed illnesses, accidents, problems with substance use (alcohol or drug use, either by oneself or by other people in one's life), sexual assault or other sexual violence, harassment or misconduct, pregnancy, and sexually transmitted disease or other sexual concerns.

Policies and Resources Related to Alcohol and Drugs

Campus policies related to alcohol and drug use comply with state and federal laws, and the vast majority of Berkeley students make legal and safe choices. UHS supports the campus community with health campaigns and individual and group counseling services that equip students with strategies to navigate issues surrounding alcohol and drug use. PartySafe@Cal (uhs.berkeley.edu/ partysafe) is a health campaign that advocates for improving party culture and social benefits by decreasing alcohol-related problems through workshops, consultations and online toolkits. We encourage you to review these toolkits and resources with your student prior to coming to Berkeley.

LGBTQIA+ Services

uhs.berkeley.edu/pride

UHS clinicians are committed to ensuring that lesbian, gay, bisexual, transgender and questioning (LGBTQIA+) students receive the highest quality of care in a safe, respectful space.

Checklist for New Students

uhs.berkeley.edu/about-uhs/especially /new-student-health

Before coming to Berkeley, students can plan ahead to avoid or minimize complications caused by illness:

- Review the UC-wide mandatory TB and immunization requirements. Follow the instructions on their checklist to comply with this requirement prior to coming to Berkeley. For a list of requirements see uhs.berkeley.edu/requirements
- Bring a fully stocked first aid kit that includes a thermometer
- Ensure health insurance if not using SHIP
- Complete a health summary in the eTang patient portal
- For chronic health issues such as asthma or diabetes, obtain a summary of health from a current healthcare provider and establish care with a UHS provider prior to becoming ill
- If taking prescription medication, bring enough to last for the first month of school, bring a copy of the prescription, and plan ahead for refills
- For students under established allergy specialist care, review UHS information for continuance of allergy care

Sexual Violence-Harassment Prevention, **Support and Education**

svsh.berkeley.edu

Berkeley is dedicated to addressing and preventing sexual harassment and sexual violence on campus. We foster a culture that prioritizes consent and respect, and that responds to and supports survivors and their allies. As part of these efforts, we work to engage all members of the campus community to create a healthy and inspiring environment where violence, in any form, is not tolerated.

Well-Being Resources from Dean of Students

deanofstudents.berkeley.edu/our-resources/well-being

The Associate Vice Chancellor and Dean of Students website offers resources related to:

- Alcohol and Other Drugs Resources
- Bear Pact (Health Resources)
- Bears That Care (Bystander Intervention)
- Campus Climate
- Mental Health Wellness Toolkit
- Path to Care (care.berkeley.edu)
- Recreation & Wellbeing
- Sexual Violence Prevention and Response

CAMPUS SAFETY

Berkeley's top priority is keeping the campus safe for students, faculty, staff and visitors. University police work with Berkeley city police and campus administration to immediately respond to and investigate reported crimes, to support survivors of crimes, and to create and implement crime prevention and safety education programs. By acting responsibly, caring for other community members, and remaining alert, we can work together to keep Bear Territory safe for everyone.

Campus Emergency Information

For information in the event of a campus emergency, visit or call:

- berkeley.edu/emergency
- berkeley.edu
- UC Berkeley emergency information line (800) 705-9998
- KALX Radio (90.7 FM) kalx.berkeley.edu

To report an emergency, call:

• 911

- UC Police Department emergency dispatch (510) 642-3333
- City of Berkeley Police Department emergency dispatch (510) 981-5911

University of California Police Department

- 1 Sproul Hall
- Emergency dispatch (510) 642-3333
- Non-emergency dispatch (510) 642-6760
- ucpd.berkeley.edu

The University of California Police Department (UCPD) is a dedicated, full-service campus police department with 60 officers, 40 full-time civilian personnel, and 60 student employees (CSOs). UCPD has primary law enforcement jurisdiction on the Berkeley campus and associated university properties. Officers receive the same basic training as city and county peace officers throughout the state of California, plus additional training to meet the unique needs of a campus environment. The department handles all patrol, investigation, crime prevention education, emergency preparedness, and related law enforcement duties for the campus community, and operates 24 hours a day, seven days a week. UCPD coordinates closely with the City of Berkeley Police Department, operating joint patrol programs in the south campus area and communicating at all levels to ensure the effective provision of police services.

Campus Safety

ucpd.berkeley.edu/safety

The UCPD website offers guidelines and strategies for responding to and preventing crime, and for promoting safety awareness:

- Reporting emergency and non-emergency situations
- Taking action in the event of a major campus emergency
- Learning self-defense options
- Using campus night-safety services
- · Learning night-safety tips
- Preventing robbery and theft

Alert and Notification Systems

WarnMe

warnme.berkeley.edu

WarnMe is UC Berkeley's alert and notification system for students, faculty and staff. Notifications are sent via text message/SMS or email in the event of situations on or near campus that pose an immediate threat to safety. WarnMe also provides instructions for what to do in case of major emergencies. Students are automatically signed up to receive email notifications, but are encouraged to log into the WarnMe system to provide a mobile phone number for text alerts.

Night-Time Safety

nightsafety.berkeley.edu

Although the Berkeley campus is generally safe at night, we are located in an urban environment, and consequently are not immune from crime. Your student's best defense is to adopt an attitude of awareness, and to take precautions when walking alone. Students are encouraged to use the free campus night-time walking escort service (BearWALK), door-to-door shuttle service, and Bear Transit night safety shuttle whenever needed.

BearWALK Night-Time Escort Service and Door-to-Door Shuttle Service

nightsafety.berkeley.edu/nightsafety/escort

BearWALK operates daily from dusk until 3 a.m. Students can book online or by calling (510) 642-9255 at least 15 minutes before desired pick-up time. Last time to schedule is 2:30 a.m. The service is free to everyone.

Door-to-door shuttles operate from 3 to 5 a.m. in the campus vicinity and must be booked online or by calling (510) 642-9255. Service is free.

Bear Transit Night Safety Shuttle

nightsafety.berkeley.edu/nightsafety/nightshuttles

The Night Safety Shuttle is an extension of the Bear Transit daytime service, providing safe night-time transit to and from campus. Shuttles run from 7:30 p.m. to 3 a.m., with set routes between campus, BART, Clark Kerr Campus and the residence halls.



PHOTO ELENA ZHUKOVA

Code Blue/Blue Light Emergency Phones

Code Blue, or Blue Light, emergency phones are located throughout campus and are identified by a blue light on top of the phone box or column. These phones have a red button that, when pressed, will connect directly to a UC Police Department dispatcher. The box location is transmitted with the call.

Night-Time Safety Tips

For optimal night-time safety:

- Travel with a friend or in a group
- Be alert and aware of surroundings
- Avoid dark, vacant or deserted areas
- Use well-lit, well-traveled routes
- Dress in clothes and shoes that do not hamper movement
- Call UC Police emergency dispatch at 911 or (510) 642-3333 or use a Blue Light emergency phone if help is needed

In the event of a potential threat:

- Join any group of people who may be nearby
- Cross the street and increase walking pace

- Yell, scream or make a commotion
- Go to an open business
- Call 911 from a safe location

Office of Emergency Management

oem.berkeley.edu

The UC Berkeley Office of Emergency Management strengthens how the campus mitigates and prevents risk, prepares for, responds to and recovers from emergencies, and protects the campus mission from disruption. Students can download the Cal Emergency Preparedness app for their phone for guidance on what to do in the event of an emergency.

Residential Safety

Access to the residence halls is restricted 24 hours a day, with entry controlled by a mechanical key system. Each resident can participate in keeping the halls safe for all by monitoring access, keeping areas locked, and reporting any suspicious persons to the UC Police Department, their RA on duty, or their unit front desk.

Campus residence halls provide a variety of security staff to support a safe environment:

Safety Ambassadors

Students trained in safety and security protocols who assist in the general security of the community and who control access of residents and guests to specific residence halls during evening hours.

Community Service Officers

Student employees of the UC Police Department who patrol some of the residence halls during evening hours.

Resident Assistants (RA)

Undergraduate or graduate students who live in the halls specifically to provide guidance, mediation and support.

Resident Directors (RD)

Full-time, live-in professional staff members with extensive experience working with students in a university setting. RDs are responsible for coordinating the residential community in a unit, and serve as valuable resources during your student's time in university housing.

Residential Security Liaisons

Sworn UC Police Department officers dedicated to a particular residence hall for the duration of their assignment.

Residential Security Sergeant

A UC Police Department sergeant who acts as a liaison between residential students and staff and the UCPD in all security-related matters involving the police.

STUDENT LIFE

Financial Aid & Scholarships Office

financialaid.berkeley.edu

The mission of UC Berkeley's Financial Aid and Scholarships Office is to provide students with access to an excellent education. Through strategic partnerships and rigorous planning, the financial aid office:

- Offers innovative aid programs to make higher education affordable
- Helps students and parents navigate financial aid processes
- Counsels students so they understand their options and feel empowered to make the best choices to manage their financial lives
- Advocates on behalf of students
- Teaches students about financial literacy
- Fosters a sense of community by encouraging alumni and donors to connect with the university and give the gift of access to the next generation of students

Types of Financial Aid

financialaid.berkeley.edu/types-of-aid-at-berkeley

- Innovative Berkeley Aid Programs
- Grants
- Scholarships
- Prizes and Honors
- Loans
- Work-Study

- Disabled Students Program
- Students with Dependents
- Study Abroad
- Summer Aid
- · Veterans Benefits
- International Students
- Graduate Award Guide
- Newly Admitted Student Pathways

The Center for Financial Wellness

financialaid.berkeley.edu/center-for-financial-wellness

The Center for Financial Wellness is a peer-to-peer financial wellness program housed in the Financial Aid and Scholarships Office. The program offers workshops and one-on-one appointments to help students manage their personal finances in college and beyond.

Campus Housing

housing.berkeley.edu

From traditional high-rise residence halls to suite environments, from single-gender living to theme programs, Berkeley offers a number of housing options to help your student find the perfect fit. Living in campus housing provides an invaluable opportunity to create lifelong friendships and build leadership skills.

Although each building has differences that make it unique, all campus housing includes live-in staff (who provide social and academic support), community centers, on-site laundry, and easy access to transportation. Options include:

- Eight residence halls. Offering community, support and convenience, Berkeley's residence halls house more than 96 percent of incoming first-year students. A meal plan is included.
- Eight campus apartment buildings. Continuing students and transfer students may opt for independent living in campus apartments, which are fully furnished and include kitchens and conveniences like WiFi, utilities and more.
- Family student housing. University Village in Albany is an apartment community just for students with partners and families.

The **Residential Life** office (reslife.berkeley.edu) supports residents by helping to facilitate their transition into campus life, supporting their well-being and growth, and helping them learn to live in a diverse community.

Theme Housing

reslife.berkeley.edu/academics/theme-programs

Berkeley's residential theme programs are special residential communities co-sponsored by an academic department and Berkeley Residential Programs. Theme programs allow students to enjoy the opportunities of a large university while benefiting from a smaller and more closely knit residential community of students who share a common academic interest. Theme programs at Berkeley include:

- African American (AATP)
- Bloom: Asian American (Bloom)
- Casa Magdalena Mora (CASA)
- Global Environment Theme House (GETH)
- Native American (NATP)
- South Asian, Southwest Asian, and North African Living Community Pilot Program (SSWANA)
- UNITY Theme Program (LGBTQIA+)
- WiSE: Empowering Womxn in STEAM

Students can apply for Theme Programs in the housing application. There are no additional fees for Theme Program housing.

Off-Campus Independent Housing

- Cal Rentals is the campus resource for offcampus housing listings, a roommate matching service, and more: och.berkeley.edu
- International House ihouse.berkeley.edu
- Fraternities and Sororities lead.berkeley.edu/cal-greeks
- Berkeley Student Cooperative Housing bsc.coop
- Bowles Hall Residential College bowleshall.org

Independent Private Dorms

- The Berk theberkoncollege.com
- The Metropolitan berkeleymet.com
- Wesley House wesleyhouseberkeley.com

Dining

dining.berkeley.edu

Berkeley Dining's residential meal plans are for students living in the residence halls. The Blue Residential Meal Plan is included with your student's housing contract, and students may upgrade to the Gold Residential, or ultimate Meal Plan online, at any time. Meal swipes can be used at the "all-you-care-to-eat" residence dining commons. Flex dollars can be used at all Berkeley Dining locations. Facilities include: All-you-care-to-eat residence dining commons: Clark Kerr, Crossroads, Café 3 and Foothill.

- Residence dining commons: Café 3, Clark Kerr, Crossroads, and Foothill.
- Restaurants: Brown's, the Coffee Cart, Common Grounds, The Golden Bear Café, and Terrace Café, Pizzeria 1868 (at the Den).
- Convenience stores: Bear Market, CKCub, Cub Market, The Den (featuring Peet's Coffee & Tea), and The Pro Shop @ RSF.
- Selected concession stands: California Memorial Stadium, Haas Pavilion, as well as during other Cal Athletics events. Look for the "Flex Dollars Accepted Here" signs.

The Cal 1 Card

cal1card.berkeley.edu

The Cal 1 Card is your student's official campus photo ID card. Students typically use their Cal 1 Card multiple times a day—for example, accessing the residence halls, using their meal plans at Berkeley Dining locations, leveraging library system resources, entering the Recreational Sports Facility, riding the campus perimeter Bear Transit buses, and accessing University Health Services.

The Cal 1 Card debit account is an added feature of the Cal 1 Card. By adding money to a Cal 1 Card debit

account, cardholders are able to pay for laundry in the residence halls, purchase meals at all Berkeley Dining locations, pay for printing and scanning services at the library and computing centers, and purchase items at the campus bookstore.

Anyone can make a deposit to a Cal 1 Card debit account by providing a student's name and UC Berkeley ID number. When you add funds to your student's debit account, you ensure that those funds are used for essentials such as school materials, personal care items and food (alcohol and tobacco purchases are prohibited). Your student benefits by having a convenient, safe and cash-free method of making daily transactions.

Transportation

pt.berkeley.edu

The university supports the City of Berkeley's goal to help students, employees and residents reduce their dependence on single-occupant automobile commuting. For this reason, the university advises against students bringing a personal vehicle with them to campus. Students living in university housing enjoy the convenience of living within walking distance of campus, and have access to local public transportation, including BART and AC Transit. The university's Bear Transit shuttle system serves campus, the Downtown Berkeley BART station, parking lots, the Clark Kerr campus, the hill area, residence halls, Richmond Field Station, and Campus Shared Services on 4th Street. Students also receive discounted rates for car sharing from City CarShare/ Carma and Zipcar, and for car rentals from Enterprise Rent-A-Car.

Associated Students of the University of California

The Associated Students of the University of California (ASUC) is the officially recognized student association at Berkeley. Known as one of the largest and most autonomous student organizations in the nation, the ASUC is an independent 501(c)3 non-profit organization separate from university governance. In addition to controlling funding for student clubs and organizations, providing resources and student programming, and overseeing commercial activities and student services (including the Cal Student Store and Lower Sproul Plaza in partnership with

the ASUC Student Union), the ASUC advocates for students at the university, local, state and national levels and represents the student body on campus administrative committees.

ASUC Government

lead.berkeley.edu/student-government/get-involved

ASUC is a passionate group of elected and appointed student officials, as well as hired interns and staff, who represent the University of California's large and diverse student population. The ASUC structure consists of a senate (20 elected senators), president, executive vice president, external affairs vice president, academic affairs vice president, student advocate, and appointed chief officers. Each year, the ASUC holds a regular election to choose its executive officers and senators. All undergraduate and graduate students at Berkeley may vote. Regular elections are held the second week after spring break.

ASUC Student Union

studentunion.berkeley.edu

The ASUC Student Union is a department within the Division of Student Affairs that works closely with Berkeley's student government to provide student services on campus, including a wide variety of programs and resources directly tied to student life. The ASUC Student Union operates the Cal Student Store, the LEAD Center, ASUC Event Services, Operations and Facilities Management for Lower Sproul, and the Berkeley Art Studio.

The new student union complex in Lower Sproul Plaza—completed in 2015 at a cost of \$223 million—provides a secure, high-quality, 24/7 center for student life. Students have access to spaces for meetings, group study, performance/practice, and just "hanging out."

Berkeley Student Leadership & Engagement

lead.berkeley.edu

Berkeley Student Leadership & Engagement provides resources and support for registered student organizations (more than 1,000 on campus), student government, fraternities and sororities, the Berkeley student cooperative housing community, the Cal debate team, the Student Environmental Resource Center, and the Bridges Multicultural Resource Center.

Cal Student Store

calstudentstore.berkeley.edu

The Cal Student Store is your student's one-stopshop for Berkeley textbooks, spirit gear, graduation announcements and regalia, and everything else "Cal."

Berkeley Art Studio

artstudio.berkeley.edu

The Berkeley Art Studio, open to students, faculty, staff and community members, offers classes in ceramics, design, painting, drawing and photography.

Amazon at ASUC Student Union

studentunion.berkeley.edu/retail

The Amazon store in the ASUC Student Union offers package delivery and return for Berkeley students, faculty, staff and the community.

Cal Performances

calperformances.org

Cal Performances presents over 100 performances annually in five venues—Zellerbach Hall, Zellerbach Playhouse, Hertz Hall and Wheeler Hall on the UC Berkeley campus, and First Congregational Church of Berkeley—and in site-specific locations and other spaces. The performances range among modern and classical dance, theater, instrumental and vocal recital, early music, opera, chamber music, jazz, new music, world music, dance and theater, and a speaking series. Cal Performances serves some 300,000 patrons annually through performances and arts education, residency and community programs.

Cal Performances provides a number of activities exclusively for UC Berkeley students. Annual dance and orchestra residencies allow for personal interactions with visiting artists through workshops, master classes and class visits. Additionally, a five-year Andrew W. Mellon Foundation grant funds two courses per semester built around selected performances.

Student Musical Activities (SMA) is a thriving center for extracurricular music on the Berkeley campus. SMA, a department within Cal Performances, is home to the University of California Marching Band, UC Jazz Ensembles and

UC Choral Ensembles (UCCE). UCCE includes the UC Men's Octet, California Golden Overtones, Cal Jazz Choir, Perfect Fifth, UC Men's Chorale, UC Women's Chorale, Noteworthy, BareStage Productions and UC Alumni Chorus.

SAFTA (Student Ambassadors for the Arts),

a student-led committee sponsored by Cal Performances, arranges special events and student promotions, including meet-and-greet events with artists, student-night-out parties, and more.

Berkeley Art Museum and Pacific Film Archive

bampfa.org

The Berkeley Art Museum and Pacific Film Archive (BAMPFA) is the visual arts center of the Berkeley campus. Each year BAMPFA presents more than 20 art exhibitions, 450 film programs and dozens of performances, as well as lectures, symposia and tours. Berkeley students have direct access to specialized art and film study centers at BAMPFA staffed by trained facilitators and librarians.

Sports and Recreation

recwell.berkeley.edu

Recreation & Wellbeing is dedicated to providing inclusive services, programs, and facilities to members, visitors, and staff reflective of the cultural richness and diversity of our community. By providing facilities, programs, activities and the opportunity for cooperative and competitive play, Recreation & Wellbeing teaches life-long fitness skills and leadership, management and interpersonal skills, and helps students balance the stress of studying and working in a rigorous academic environment.

Nearly 4,000 students visit the Recreational Sports Facility (RSF) every day (amounting to over 1 million visits per year). 95% of UC Berkeley students report that recreational sports and fitness opportunities are important to their personal health and wellness.

Sport Clubs

The Cal Sports Club program comprises 31 competitive and recreational clubs that compete at the regional and national level. Men's teams include baseball, lacrosse, soccer, squash, ultimate, volleyball and water polo. Women's teams include lacrosse, rugby, soccer, squash, ultimate, volleyball and water polo.

Intramural Sports

Intramural Sports offers students the opportunity to participate in a favorite sport on a competitive or recreational level. Leagues are available in a wide variety of indoor and outdoor sports year-round at various competitive and recreational levels, including basketball, soccer, flag football, softball, volleyball, ultimate and dodgeball.

Fitness and Wellness

Fitness and wellness programs at the RSF include a wide range of classes, training sessions and wellness services. The RSF offers group classes in yoga, Pilates, Zumba, core strength, aqua exercise and cardio kickboxing; instructional classes in goalball, strength training, tennis and swimming.

Cal Athletics

calbears.com

Cal sponsors one of the nation's most successful and broad-based collegiate athletic programs, featuring 30 different sports and supporting more than 850 student athletes. To date, the Golden Bears have won 98 team national titles in 15 different sports, as well as nearly 300 individual and relay championships, while students, coaches and staff have claimed 185 Olympic medals, including 105 gold. The Golden Bears compete in the NCAA's Division I, primarily as a member of the Pac-12 Conference. For a limited number of sports, the Golden Bears compete as a member of the Mountain Pacific Sports Federation (MPSF).

Men's sports include baseball, basketball, crew, cross country, football, golf, gymnastics, rugby, soccer, swimming and diving, tennis, track and



field, and water polo. Women's sports include basketball, beach volleyball, crew, cross country, field hockey, golf, gymnastics, lacrosse, soccer, softball, swimming and diving, tennis, track and field, volleyball and water polo.

Gender Equity Resource Center

cejce.berkeley.edu/geneq

The Gender Equity Resource Center (GenEq) is a UC Berkeley community center committed to fostering a safe, equitable and inclusive experience for students, faculty, staff and alumni. GenEq provides resources, services, education and leadership related to gender and sexuality.

Cal Alumni Association

alumni.berkeley.edu

The Cal Alumni Association (CAA) provides Cal graduates with rewarding connections to the university, to fellow alumni, and to current students. Founded by the original graduates of the University of California in 1872, the Cal Alumni Association today represents nearly half a million alumni living throughout the world. With a mission of advancing and promoting the interests of the university, CAA is committed to providing essential programs and services designed to keep alumni of all ages and interests connected to the university and to each other.

RESOURCES

Academic Calendar

registrar.berkeley.edu/calendar

Academic Guide

guide.berkeley.edu

Academic Support Programs

Academic Support in the Residence Halls

reslife.berkeley.edu/academics

Athletic Study Center

asc.berkeley.edu

Berkeley Connect

berkeleyconnect.berkeley.edu

Berkeley Hope Scholars

hope.berkeley.edu

Disabled Students' Program

dsp.berkeley.edu

Educational Opportunity Program

eop.berkeley.edu

Re-Entry Student Program

reentry.berkeley.edu

Student Learning Center

slc.berkeley.edu

Student Parent Center

studentparents.berkeley.edu

Student Veterans

veteran.berkeley.edu

Transfer Student Center

transfers.berkeley.edu

Undocumented Student Program

undocu.berkeley.edu

Advising

berkeley.edu/academics/advising-tutoring

Amazon at ASUC Student Union

studentunion.berkeley.edu/retail

ASUC Student Organizations

berkeley.edu/campus-life/ student-organizations

ASUC Student Union

studentunion.berkeley.edu

Center for Financial Wellnes

financialaid.berkeley.edu/center-for-financial-wellness/

Berkeley Art Museum and Pacific Film Archive

bampfa.org

Berkeley Art Studio

artstudio.berkeley.edu

Cal 1 Card

calicard.berkeley.edu

Cal Alumni Association

alumni.berkeley.edu

Cal Day

admit.berkeley.edu/calday

Cal Parents

Hours Monday–Friday, 9 a.m.–4 p.m.

(510) 642-7147

Email calparents@berkeley.edu

calparents.berkeley.edu

facebook.com/calparentsberkeley

Cal Parents Fund

give.berkeley.edu/calparents

Cal Performances

calperformances.org

Cal Student Central

Hours Monday–Friday, 9 a.m.– noon and 1–4 p.m.

120 Sproul Hall

(510) 664-9181

studentcentral.berkeley.edu

studentcentral.berkeley.edu/
services-areas-support

Cal Student Store

calstudentstore.berkeley.edu

CalCentral

calcentral.berkeley.edu

Career Center

career.berkeley.edu

Colleges and Schools

College of Chemistry

chemistry.berkeley.edu

College of Engineering

engineering.berkeley.edu

College of

Environmental Design

ced.berkeley.edu

College of Letters & Science

ls.berkeley.edu

College of Natural Resources

nature.berkeley.edu

Walter A. Haas School of Business

haas.berkeley.edu

Berkeley School of Education

bse.berkeley.edu

School of Information

ischool.berkeley.edu

Graduate School of Journalism

journalism.berkeley.edu

Berkeley Law

law.berkeley.edu

Herbert Wertheim School of Optometry & Vision Science

optometry.berkeley.edu

School of Public Health

publichealth.berkeley.edu

Richard & Rhoda Goldman School of Public Policy

gspp.berkeley.edu

School of Social Welfare

socialwelfare.berkeley.edu

Commencement

commencement.berkeley.edu

Dining

dining.berkeley.edu

Emergency Information

berkeley.edu/emergency

 UC Berkeley emergency information line

(800) 705-9998

- KALX Radio (90.7 FM) kalx.berkeley.edu
- UC Berkeley Police emergency dispatch
 (510) 642-3333
- City of Berkeley Police Department emergency dispatch (510) 981-5911

Emergency Management and **Preparedness**

oem.berkeley.edu

Events at Berkeley

events.berkeley.edu

FERPA Delegation

calcentral.berkeley.edu

Financial Aid & Scholarships

financialaid.berkeley.edu

Free Speech

berkeley.edu/free-speech

Freshman and Sophomore Seminars

curricularconnections. berkeley.edu

Gender Equity Resource Center

cejce.berkeley.edu/geneq

Berkeley Student Leadership & Engagement

lead.berkeley.edu

Libraries

lib.berkeley.edu

Non-Discrimination Policies

ophd.berkeley.edu/policiesand-procedures

Parent Information Form

calcentral.berkeley.edu

Parents Weekend at Homecoming

homecoming.berkeley.edu

Parking

Berkeley Campus

pt.berkeley.edu

City of Berkeley

berkeleyca.gov/city-services/parking

Public Service Center

publicservice.berkeley.edu

Research

research.berkeley.edu

Berkeley Parents & Families Program

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PHOTO ELENA ZHLIKOVA

Residential Life and Housing

reslife.berkeley.edu/

On-Campus Housing

housing.berkeley.edu

Housing Theme Programs

reslife.berkeley.edu/academics/ theme-programs

Move-in

housing.berkeley.edu/living -on-campus/move-in

Off-Campus Independent Housing

The Berk

theberkoncollege.com

Berkeley Student Cooperative Housing

bsc.coop

Bowles Hall Residential College

bowleshall.org

Cal Rentals

och.berkeley.edu

Fraternities and Sororities

lead.berkeley.edu/cal-greeks

International House

ihouse.berkeley.edu

The Metropolitan

berkeleymet.com

Wesley House

wesleyhouseberkeley.com

Sexual Violence-Harassment Prevention, Support and Education

svsh.berkeley.edu

Sports and Recreation

Cal Athletics

calbears.com

Recreation & Wellbeing

recwell.berkeley.edu

Study Abroad

studyabroad.berkeley.edu

Summer Sessions

summer.berkeley.edu

Student Transportation Handbook

pt.berkeley.edu/sites/default/ files/student_handbook_ august_2023-compressed_1.pdf

Transportation

pt.berkeley.edu

AC Transit (Bus Service)

actransit.org

Amtrak

amtrak.com

Bay Area Rapid Transit (BART)

bart.gov

University Health Services

uhs.berkeley.edu

Counseling and Psychological Services

uhs.berkeley.edu/studentmental-health

Health Insurance and Berkeley SHIP

uhs.berkeley.edu/ship

Health Promotion

uhs.berkeley.edu/hp

Health Record Privacy

uhs.berkeley.edu/about-uhs/
about/privacy-practices

LGBTOIA+ Services

uhs.berkeley.edu/pride

New-Student Checklist

uhs.berkeley.edu/about-uhs/ especially/new-student-health

PartySafe@Cal

uhs.berkeley.edu/partysafe

Sexual Violence–Harassment Prevention, Support and Education

svsh.berkeley.edu

Social Services Counseling

uhs.berkeley.edu/social-services

Wellness Resources from Dean of Students

deanofstudents.berkeley.edu/ our-resources/well-being

University of California Police Department

1 Sproul Hall

Emergency dispatch

(510) 642-3333

Non-emergency dispatch

(510) 642-6760

ucpd.berkeley.edu

Alert and Notification Systems

WarnMe (Berkeley Students, Faculty and Staff)

warnme.berkeley.edu

Campus Safety

ucpd.berkeley.edu/safety

Night Safety Services

nightsafety.berkeley.edu

Bear Transit Night Safety Shuttle

nightsafety.berkeley.edu/ nightsafety/nightshuttles

SafeWalk Night-Time Escort Service and Door-to-Door Shuttle Service

nightsafety.berkeley.edu/ nightsafety/escort

SafeWalk (510) 642-9255 (call at least 15 minutes before desired pick-up time)

Door-to-Door Shuttle

(510) 642-9255

Visitor Center

visit.berkeley.edu

Koret Visitor Center, California Memorial Stadium, 210 Stadium Rim Way.

Hours: Monday-Friday 8:30 a.m. -4:30 p.m.

Saturday-Sunday 9:00 a.m.-1:00 p.m.

Visitor Information Center, City of Berkeley

visitberkeley.com

2030 Addison Street, Suite 102 (one block north of the Downtown Berkeley BART station)

Hours Monday–Friday 9 a.m.–5 p.m. (closed 1–2 p.m. for lunch)

MAP KEY (SEE MAP ON NEXT PAGE)

Architects & Engineers (A&E), D-4 Art Museum, D/E-3 Bancroft Library, C-4 Banway Building, D-7 Barker Hall, A/B-6 Barrow Lane, D-4 Barrows Hall, D-3/4 BART Station, C-7 Bechtel Engineering Center, B - 3/4Berkeley Art Museum, D/E-3 Birge Hall, C-3 Blackwell Hall, Blum Hall, A/B-4 Boalt Hall, D-2 Botanical Garden, C-1 C. V. Starr East Asian Library, California Hall, C-4 California Memorial Stadium, Calvin Laboratory, D-2 Campanile (Sather Tower), C-3/4Career Center, D-4/5 César Chávez Student Center, Chan Shun Auditorium, Valley Life Sciences Building, Cheit Hall, C-2 Clark Kerr Campus, F-1 Cory Hall, A/B-3 Cyclotron Road, B-2 Davis Hall, B-3/4 Doe (Main) Library, C-4 Donner Lab, B-3 Durant Hall, C-4 Durham Studio Theater, Dwinelle Hall, C/D-5 Dwinelle Annex, C/D-5 Dwinelle Hall, C/D-4/5 East Gate, B3 Edwards Stadium, D-6 Energy Biosciences Building, A/B-6/7 Eshleman Hall, D/E-4/5 Etcheverry Hall, A-4 Evans Diamond, D-5/6 Evans Hall, B-3 Eye Center, C/D-3 Faculty Club, C-2/3 Faculty Glade, C-3 Founders' Rock, A/B-3 Fox Cottage, E-3/4 Frank Schlessinger Way, C-6

Genetics & Plant Biology Building, B-6 Giannini Hall, B-5 Giauque Hall, C-3 Gilman Hall, C-3 Girton Hall, C-2 Golden Bear Recreation Center, F-2 Goldman Field, D-6 Goldman Plaza, D-1/2 Goldman School of Public Policy, A-3 Graduate Theological Union, A-4 Greenhouse, A-6/7 Grinnell Natural Area, C-6 Haas Pavilion, D-5 Haas School of Business, C-2 Hargrove Music Library, D-3 Haste Street Child Development Center, E/F-5 Haviland Hall, B-4/5 Hearst Field Annex, D-4 Hearst Greek Theatre, B-2 Hearst Gymnasium, D-3/4 Hearst Memorial Mining Building, B-3 Hearst Mining Circle, B-3 Hearst Museum of Anthropology, D/E-3 Hellman Tennis Complex, C-6 Hertz Hall, C/D-3 Hesse Hall, B-4 Hewlett-Packard Auditorium, Soda Hall, A-3/4 Hildebrand Hall, C-3 Hilgard Hall, B-5 Insectary, A-6/7 International House, D-1/2 Ishi Court, C-5 Jacobs Hall, A₃/₄ Jones Child Study Center, E/F-6 Kleeberger Field House, D-6 Koshland Hall, A/B-6 Kroeber Hall, D-3 Krutch Theater, F-2 Latimer Hall, B/C-3 Lawrence Berkeley National Laboratory, A/B-1/2 Lawrence Hall of Science, C-1 LeConte Hall, C-3 Levine-Fricke Field, C-1 Lewis Hall, B/C-2/3 Library, C-4

Li Ka Shing Center, B-6

Life Sciences Addition, C-5

Lower Sproul Plaza, D-4/5 Magnes Collection, C/D-6/7 Martinez Commons, E/F-4 Martin Luther King Jr. Student Union, D/E-4 Mathematical Sciences Research Institute (MSRI), C-1 Maxwell Family Field, C-2 McCone Hall, B-4 McEnerney Hall, A-5/6 McLaughlin Hall, B-4 Memorial Glade & Pool, B/C-4 Minor Hall & Addition, C/D-2/3 Moffitt Undergraduate Library, B/C-4/5 Morgan Hall, B-5/6 Morrison Hall, C/D-3 Moses Hall, C/D-4 Mulford Hall, B-6 Natural Resources Laboratory, North Field, D-3 North Gate, A/B-4 North Gate Hall, A-4 Northwest Animal Facility, B-6 O'Brien Hall, B-4 Observatory Hill, B-4 Old Art Gallery, C/D-4 Optometry Clinic (Eye Center), C/D-3 Oxford Research Unit, A-6/7 Pacific Film Archive (PFA), D/E-3 Pacific Film Archive (PFA) Theater, D-4 Parking Structures, A-3, A-4/5, C-2, C-6/7, D-3, D/E-6/7, E-4, E/F-3, F-3, E/F-5/6 Pimentel Hall, B-3 Pitzer Auditorium, Latimer Hall, B/C-3 Recreational Sports Facility, D-5/6 Residence Halls Bowles Hall, C-2 Clark Kerr Campus, F-1 Cleary Hall, E/F-4/5 Foothill Student Housing, A/B-2/3 Ida Louise Jackson Graduate House, E-2/3 Stern Hall, B-2/3 Unit 1, E-3 Unit 2, F-3 Unit 3, E-5 Residential & Student Services Building, E/F-3

Sather Gate, C/D-4

Sather Tower (Campanile), C-3/4 Senior Hall, C-3 Sibley Auditorium, Bechtel Engineering Center, B-3/4 Silver Space Sciences Laboratory, C-1 Simon Hall, D-2 Simpson Center for Student Athletic High Performance, C/D-1/2 Soda Hall, A-3/4 South Hall, C-4 Spieker Aquatics Complex, D/E-5 Spieker Plaza, D-5 Springer Gateway, C-6 Sproul Hall, D-4 Sproul Plaza, D-4 Stadium Rim Way, C-1/2 Stanley Hall, B-3 Stephens Hall, C-3/4 Strawberry Canyon Recreation Area, C-1 Student Union, D/E-4 Sutardja Dai Hall, A/B-3/4 Tan Hall, B-3 Tang Center, D/E-6 Tolman Hall, A/B-5/6 UC Berkeley Extension, B/C-7 UC Press, B-7 Underhill Playing Field, E/F-3 University Drive, B-3/4 University Hall, B/C-6 University House, A/B-5 Valley Life Sciences Building, C-5 Warren Hall, A-6/7 Wellman Hall, B-5 West Circle, B/C-5/6 West Gate, B/C-6 Wheeler Hall, C-4 Wickson Natural Area, B-5 Witter Field, C-1 Women's Faculty Club, C-2/3 Wurster Hall, D-2/3 Zellerbach Hall, D-5 Zellerbach Playhouse, D-5

Gayley Road, B/C-2/3

